

simply catering to go

Variety. Comfort. Safely Meeting Needs. Exceeding Expectations.

BUILD YOUR OWN BREAKFAST BOX

PROTEIN BOX

\$5.99 each

CHOICE OF YOGURT

Low Fat Strawberry Yogurt | 150 cal
Low Fat Blueberry Yogurt | 150 cal

CHOICE OF PROTEIN SNACK POT

Cheese and Grapes | 270 cal
Cheese and Pepperoni | 460 cal
Apple and Peanut Butter | 410 cal
Hard Boiled Egg Cup | 150 cal

WAKE-UP BOX

\$5.99 each

CHOICE OF ENGLISH MUFFIN BREAKFAST SANDWICH

Bacon, Egg & Cheese | 320 cal
Egg & Cheese | 260 cal
Ham, Egg & Cheese | 290 cal
Bacon and Egg | 370 cal
Egg | 210 cal
Ham & Egg | 240 cal

CHOICE OF GRANOLA BAR

Sweet & Salty Almond | 150 cal
Sweet & Salty Peanut | 160 cal
Trail Mix Fruit & Nut | 140 cal
Nature Valley Oats & Honey | 90 cal

WAKE-UP BOX

\$5.99 each

CHOICE OF BAKERY ITEM

Croissant | 150 cal
Blueberry Muffin | 150 cal
Chocolate Chocolate Chip Muffin | 150 cal
Banana Nut Muffin | 150 cal
Sliced Plain Bagel | 150 cal
Sliced Cinnamon Raisin Bagel | 150 cal
Whole Grain Wheat Bagel | 150 cal

CHOICE OF SPREAD

Light Cream Cheese | 150 cal
Smart Balance Buttery Spread | 150 cal
Strawberry Jam | 150 cal
Grape Jelly | 150 cal

CHOICE OF FRUIT

Mixed Fruit | 60 cal
Red Delicious Apples | 90 cal
Banana | 105 cal

A LA CARTE BEVERAGES

Purified Water 0 cal	\$1.99 each
Coke 160 cal	\$2.49 each
Diet Coke 5 cal	\$2.49 each
Sprite 150 cal	\$2.49 each
Minute Maid Apple Juice 170 cal	\$2.49 each
Minute Maid Orange Juice 170 cal	\$2.49 each
AHA Sparkling Water - Lime Watermelon 170 cal	\$2.19 each
Bubly Sparkling Water - Grapefruit 0 cal	\$2.19 each
Starbucks Coffee Mocha Frap 260 cal	\$3.19 each
Starbucks Coffee Almond Milk Vanilla Frap 180 cal	\$3.19 each
Pure Leaf Unsweetened 0 cal	\$2.39 each
Pure Leaf Peach 150 cal	\$2.39 each
Monster Ultra Zero 10 cal	\$3.19 each
Rockstar Sugar Free 2 cal	\$3.19 each

HEALTHY START BOX

\$5.99 each

CHOICE OF GRANOLA BAR

Sweet & Salty Almond | 150 cal
Sweet & Salty Peanut | 160 cal
Trail Mix Fruit & Nut | 140 cal
Nature Valley Oats & Honey | 90 cal

CHOICE OF PARFAIT OR GREEK YOGURT

Strawberry Yogurt Parfait | 250 cal
Peaches & Cream Yogurt Parfait | 350 cal
Blueberry Yogurt Parfait | 270 cal
Tropical Yogurt Parfait | 360 cal
Chobani Nonfat Strawberry Greek Yogurt | 120 cal
Chobani Nonfat Vanilla Greek Yogurt | 90 cal
Chobani Nonfat Blueberry Greek Yogurt | 120 cal
Chobani Flip Almond Coco Joy Greek Yogurt | 200 cal
Chobani Flip Key Lime Crumb Greek Yogurt | 230 cal



BUILD YOUR OWN LUNCH BOX

All boxes come with one side, one dessert and a choice of bottled water or canned soda.
All lunch boxes are sold in quantities of 6 or more.

SANDWICH BOX \$10.99 each

SANDWICH SELECTIONS

Grilled Vegetable Hummus Wrap | 400 cal
Turkey Club Wrap | 480 cal
Chicken Caesar Wrap | 570 cal
Buffalo Chicken Salad Wrap | 520 cal
Caprese Chicken Wrap | 600 cal
Tandoori Vegetable Wrap | 400 cal
Roasted Vegetable Wrap | 410 cal
Mediterranean Veggie Wrap | 320 cal
Chicken Salad on Wheat | 270 cal
Egg Salad on Wheat | 370 cal
Tuna Salad on Wheat | 320 cal
Ham & Cheese on Wheat | 270 cal
Turkey & Cheese on Wheat | 250 cal
Peanut Butter & Jelly on Wheat | 370 cal
Egg Salad Kaiser | 370 cal
Ham & Cheddar Kaiser | 320 cal

SALAD BOX \$11.99 each

SALAD SELECTIONS

Classic Garden Salad | 80 cal
Strawberry Fields Forever | 550 cal
Buffalo Chicken Salad | 270 cal
Classic Chef Salad | 360 cal
Classic Cobb Salad | 410 cal
Classic Chicken Caesar Salad | 420 cal
Classic Greek Salad | 150 cal

ARTISAN BOX \$12.99 each

SANDWICH SELECTIONS

Beef Swiss Pub Wrap | 520 cal
Spicy Italian Baguette | 560 cal
Roast Beef & Cheddar Kaiser | 350 cal
Mediterranean Baguette | 350 cal
Rosemary Chicken Baguette | 520 cal
Turkey, Ham & Bacon Club | 420 cal

ADVENTURE BOX \$12.99 each

Chicken Waldorf Snack Box | 340 cal
Re-Energize Snack Box | 530 cal
California Dreamer Adventure Box | 460 cal
Buffalo Chicken Dipper Adventure Box | 290 cal

6-item minimum per à la carte selection.

À LA CARTE SNACKS

Chocolate Chip Cookies (2) 320 cal	\$1.19 each
Oatmeal Raisin Cookies (2) 290 cal	\$1.19 each
Peruvian Manifesto Brownie 250 cal	\$2.49 each
Toffee Blondie Crunch 380 cal	\$2.49 each
Chewy Marshmallow Manifesto Bar 250 cal	\$2.49 each
Salted Caramel Manifesto Cookie 410 cal	\$2.49 each
Chocolate Chunk Manifesto Cookie 400 cal	\$2.49 each
Nature Valley Oats & Honey 90 cal	\$2.19 each
KIND Peanut Butter Dark Chocolate 200 cal	\$2.19 each
KIND Dark Chocolate Nuts & Sea Salt 223 cal	\$2.19 each
Baked Lays 130 cal	\$1.39 each
Doritos 140 cal	\$1.39 each
Cool Ranch Doritos 240 cal	\$1.39 each
Snickers 215 cal	\$1.49 each

Select one of each to be included with your boxed lunch selection.

SIDES

Red Delicious Apples | 90 cal
Baked Potato Chips | 130 cal
Couscous, Tomato & Olive Salad Cup | 280 cal
Macaroni Salad | 270 cal
Mixed Fruit | 60 cal
Crudité Side with Dip | 70 cal
Nature Valley Oats & Honey | 90 cal

DESSERTS

Chocolate Chip Cookies (2) | 320 cal
Oatmeal Raisin Cookies (2) | 290 cal
Rice Krispie | 220 cal
Chocolate Brownie | 190 cal
Chunky Monkey Brownie | 210 cal
Blondie Bar | 190 cal
Triple Chocolate Fudge Bar | 250 cal
Peanut Butter Chocolate Oreo Brownie | 230 cal

BEVERAGES

Purified Water | 0 cal
Coke | 160 cal
Diet Coke | 5 cal
Sprite | 150 cal

ORDERING IS EASY

Log into CaterTrax and choose Simply to Go Catering.
Orders will be delivered to your meeting location; no pick up is required.
Last minute needs are inevitable, please call the office to ensure your order can be fulfilled.

